

Halsall St Cuthbert's C.E. Primary School



Physical Education Policy

Document Purpose

This policy document aims to reflect the philosophy of our school in relation to how PE is both taught and learnt. It provides a framework through which all staff can approach PE and gives guidance in areas such as curriculum content planning and assessment.

This policy is intended to be used in conjunction with the Lancashire Scheme of work for PE. This document identifies which areas of the curriculum are covered by each class and to what extent. It is intended that this policy and the Lancashire scheme of work will form the basis for the teaching of PE. The scheme covers:

- Invasion games
- Net/wall games
- Striking and fielding games
- Dance
- Gymnastics
- Swimming and water safety (KS2 only)
- Outdoor and Adventurous Activities

Aims- Foundation Stage

Repeats, links and adapts simple movements, sometimes commenting on his/her work. Demonstrates co-ordination and control in large and small movements and in using a range of tools and equipment.

Aims-KS1

- To acquire and develop basic skills and ideas that are used in invasion, net/wall and striking and fielding games.
- To play competitive games using simple tactics for attacking and defending.
- To develop control and co-ordination.
- To apply rules and conventions for different activities.
- To evaluate and improve the quality and control of their work.
- To understand the importance of being active in relation to fitness and health.
- To recognise and describe how their bodies feel during and after physical activity.
- To respond imaginatively to different stimuli including music.
- To create and perform dances, including those from different cultures, changing the rhythm, speed, level and direction of movement.

- To express and communicate ideas and feelings through dance.
- To perform basic gymnastic skills safely, both on the floor and using apparatus.
- To create and perform gymnastic sequences.

Aims-KS2

- To consolidate existing skills and gain new ones.
- To use different strategies and tactics for individual, group and team activities.
- To play and make up modified competitive invasion, net/wall and striking and fielding games.
- To use skills and tactics and apply basic principals for attacking and defending.
- To co-operate with others and work as a team.
- To create and perform dances including those from different times, places and cultures, responding to different stimuli.
- To create and perform fluent sequences on the floor and using apparatus, which include variations in level, speed and direction.
- To take part in athletic activities that require precision, speed, power and stamina.
- To take part in outdoor and adventurous activities that involve orienteering and problem solving skills in changing environments.
- To understand how exercise affects the body.
- To warm up and prepare appropriately for different activities.
- To understand the importance of physical activity for their health, fitness and general wellbeing.
- To understand issues involving hygiene, health and safety.
- To participate in swimming activities and understand the key elements involved in water safety.

Curriculum and School Organisation

Our curriculum covers the six areas set by the national curriculum. The PE curriculum will be planned to ensure suitable progression through the programme of study devised for each class. We will endeavour to achieve a wide coverage of the national curriculum programmes of study as children move through the school. Detailed planning of PE work will take place on a half termly and weekly basis by the class teacher and will be seen in medium and short term plans. Detailed curriculum content and progression can be found in the school scheme of work for PE and in individual teacher files. The PE co-ordinator will evaluate the PE curriculum annually and draw up a development plan based upon findings. The development of the PE curriculum will involve all members of staff.

Clothing for PE Activities

Indoor games, dance and gym

- Navy shorts, white T-shirt, pumps

Outdoor and athletic activities

- Winter: Tracksuit and outdoor trainers
- Summer: Navy shorts, white T-shirt, pumps or trainers

Swimming

- Swimming costume or trunks, named swimming cap,
- Goggles (with parental consent)

No jewellery or watches to be worn for any physical activity. Glasses may be worn with parental consent.

Extra-Curricular Activities

We believe extra-curricular activities are an important part of a child's primary education. They enable pupils to develop particular skills and further their interest in one or more sporting activity. It helps to introduce a competitive element to team games and promote co-operation and a sense of good sportsmanship.

Extra-curricular activities currently offered to KS1 are:

- Football
- Tag Rugby
- Sports Club

Extra-curricular activities currently offered to KS2 are:

- Dance
- Netball
- Cross country
- Athletics
- Tag Rugby
- Gymnastics
- Yoga
- Rounders
- Cycling
- Outdoor pursuits
- Swimming
- Hockey
- Fencing

Extra-curricular clubs are run by staff members (Teachers, HLTAs) and outside agencies/coaches.

All extra curricular clubs require payment.

Time Allocation

Each class receives at least two hours of timetabled PE each week. In addition to this, each class will have the opportunity to participate in an extra curricular activity at least once per week. (Except Reception)

Assessment and Record Keeping

Assessment of each of the Lancashire schemes of work will take place half termly. See teacher's assessment files. Each Year group will be assessed against their own objectives for the unit.

Reporting

Verbal reports are made to parents during consultations in the Autumn and Spring terms. At the end of the school year a written report will be given to parents.

Resources

A variety of PE resources are available in school. The school is very well resourced at this present time after purchases made with TOPPS, school vouchers (Sainsbury's and Tesco), school fund and with donations from the PTFA. Resources will be audited annually. The majority of the current PE equipment is kept in the store to the right of the hall. The store is only accessible to members of staff and children under adult supervision. Staff are asked to inform the co-ordinator if any resources need replacing.

Equal Opportunities

At Halsall St Cuthbert's Primary School we recognise the responsibility of all schools to provide a broad and balanced curriculum for all pupils. In P.E. the National Curriculum is the starting point for planning a curriculum that meets the specific needs of individuals and groups of pupils. We have adopted the statutory inclusion statement on providing effective learning opportunities for all pupils. When planning teachers will modify, as necessary, the National Curriculum programmes of study to provide all pupils with relevant and appropriately challenging work at each key stage, in order to provide a more inclusive curriculum which:

- sets suitable learning challenges
- responds to pupils' diverse learning needs

- overcomes potential barriers to learning and assessment for individuals and groups of pupils.

All children should have equal access to resources and activities enabling them to develop their skills to the best of their personal ability. The SENCo and P.E. Co-ordinator jointly advise teachers on the support which can be provided for individual children with particular educational needs, including high ability pupils. Specialist equipment will be purchased as required to meet specific needs.

Competitions

The school is affiliated with the West Lancashire School Sport Partnership. The designated PLT (Primary Link Tutor) works closely with the SSCO (School Sport Co-ordinator). The school aims to enter as many competitions as possible, providing this opportunity for as many children as possible in any school year.

We believe that competition is a healthy and productive part of school PE and encourage all children to participate in competitions, regardless of ability. We therefore strive to enter the School Sport Partnership Inclusion competitions and Gifted and Talented Competitions.

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