

Intent, Implementation & Impact Summary for Physical Education (PE)

Intent

Halsall St Cuthbert's Primary School believes that Physical Education (PE), experienced in a safe and supportive environment, is essential to ensure children attain optimum physical and emotional development and good health. We intend to deliver high-quality teaching and learning opportunities that inspire all children to succeed in physical education and in developing life skills. We teach children fundamental life skills to keep them safe, such as being able to swim and ride a bike. We aim to teach children how to cooperate and collaborate with others as part of an effective team, understanding fairness and equity of play to embed life-long values. Our curriculum aims to improve the wellbeing and fitness of all children at Halsall St Cuthbert's, not only through the sporting skills taught, but through the underpinning values and disciplines PE promotes.

Implementation

PE at Halsall St Cuthbert's School provides challenging and enjoyable learning through a range of sporting activities including: invasion games, net & wall games, target games, striking and field games, gymnastics, dance, swimming and outdoor & adventurous activities. We work closely with West Lancashire Sports Association and the Ormskirk and District School Sports Association.

The long-term plan sets out the PE units which are to be taught throughout the year and ensures that the requirements of the National Curriculum are fully met. Pupils participate in two high quality PE lessons each week, covering two sporting disciplines every half term. Each class receives at least 2 terms of PE delivered by specialist coaches (1 lesson per week, all other lessons are taught by school staff). In addition, children are encouraged to participate in the varied range of extracurricular activities. Lunch time sports clubs are available and after school sport clubs are on every day. (At least one, mostly 2, ASC is available to all children per week – R in Summer term)

Children are invited to attend competitive sporting events, festivals and inclusion events within the local area. This is an inclusive approach which endeavours to encourage not only physical development but also mental well-being. These events also develop teamwork and leadership skills and are very much enjoyed by the children.

Each year our Year 5 and 6 children are invited to become Sports Leaders for the school. They develop into sporting role models for the younger children, assisting with daily playground games, our annual Sports day and any other Sporting activities. We have 2, Year 5 sports councillors each year. These children show a keen interest in school sport and are confident role models. They attend termly meetings with children from other schools in the local area.

Each year, the school invests in "Bolt-ons" to enhance the PE Curriculum further. Bikability, Mini-wheelers, scooting, boxercise, yoga, golf – to name but a few. Children in Year 5 and 6 swim once a week for half the year. Additional sessions are available for those who need. We aim to keep physical activity high by providing play equipment and further opportunities to be active. This includes morning Born to Move sessions and active play times and lunch times. The school is blessed with an extensive field, activity trail, large play area with netball court, football area and basketball hoops and fully mapped orienteering course.

Impact

We help motivate children to participate in a variety of sports through quality teaching that is engaging and fun. From our lessons, our children learn to take responsibility for their own health and fitness, many of whom also enjoy the success of competitive sports. We equip our children with the necessary skills and a love for sport. They will hopefully grow up to live happy and healthy lives utilising the skills and knowledge acquired through PE.

